

Heart Health | Clinical Documentation

Publication: British Journal of Nutrition

Jones M et al. 2012, *Brit Journal of Nut*, 107:1505-1513

Please copy and past the above citation into www.pubmed.gov to read the full study and see for yourself the power of LRC™ to support cholesterol health.

Title: Removed for DSHEA compliance

Objective: To evaluate the efficacy of a yoghurt formulation containing *Lactobacillus reuteri* NCIMB 30242 - taken twice per day over 6 weeks - in supporting healthy cholesterol levels in adults

Subjects: 114 otherwise healthy adults concerned about cholesterol

Trial Type: Randomized, double-blind, placebo-controlled study

Probiotic Strain: *Lactobacillus reuteri* NCIMB 30242 (LRC™)

Trial duration: 6 weeks



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Publication: European Journal of Clinical Nutrition

Source: Jones ML et al. 2012, *Eur Jour of Clin Nut*, 66: 1234-1241

Please copy and past the above citation into www.pubmed.gov to read the full study and see for yourself the power of LRC™ to support cholesterol health.

Title: Removed for DSHEA compliance

Objective: Determine outcome of LDL-C relative to placebo

Subjects: 127 otherwise healthy subjects 20-70 years old concerned about cholesterol

Trial Type: Randomized, double-blind, placebo-controlled study

Probiotic Strain: *Lactobacillus reuteri* NCIMB 30242 delivered in capsules

Trial duration: 9 weeks

